

Likembi Advanced Medical Foundation (LAMF)

The Likembi Advanced Medical Foundation is committed to improving healthcare access and social service for underserved communities across the nation. With a passionate team of medical professionals, volunteers, and support staff, LAMF strives to address pressing healthcare challenges, including but not limited to preventive care, maternal and child health, infectious diseases, and chronic conditions.

Our mission is rooted in the belief that every individual deserves access to quality healthcare, regardless of their socio-economic status or geographic location. Through a holistic approach, we implement sustainable healthcare initiatives that not only provide immediate relief but also empower communities to take charge of their health in the long term.

LAMF and partners operate a range of programs tailored to the specific needs of the communities we serve. These programs encompass healthcare services such as medical campaigns, immunization drives, and health education workshops. Additionally, we collaborate with local healthcare providers and governmental agencies to strengthen existing healthcare infrastructure and promote health system flexibility.

Our impact extends beyond the confines of traditional healthcare delivery. We prioritize community engagement and capacity building, fostering partnerships with local leaders and stakeholders to ensure sustainability and relevance of our initiatives. By engaging in advocacy efforts and promoting health equity, we aim to create a future where every individual can lead a healthy and fulfilling life.

“Project 2025”

Promoting Healthcare in Underserved Communities Ewongo, Limbe, Cameroon, West Africa

Problem statement: According to the World Health Organization (WHO), communicable and non-communicable diseases account for a significant proportion of the global disease burden, with around 56 million deaths annually, that is 71% of all deaths. In Africa generally and Cameroon in particular, communicable diseases remain a major health concern. Malaria, tuberculosis, HIV/AIDS, and diarrheal diseases are prevalent, contributing to high morbidity and mortality rates. Also, the burden of non-communicable diseases is also increasing, with cardiovascular diseases, cancer, diabetes, and mental health diseases becoming more prevalent. This is driven by factors such as poverty, poor access to healthcare and limited healthcare infrastructure, posing a growing threat to the population's health. These underscore the complex and evolving nature of the disease burden globally and emphasize the need for targeted health initiatives to address specific healthcare challenges.

Objective: The objective of this project is to implement a comprehensive community health outreach program designed to improve access to preventive healthcare services, health education, and to animate awareness in underserved communities. This is in line with the UN Sustainable Development Goal 3 (To ensure good health and wellbeing).

Project Description: The community health outreach program will employ a multi-faceted approach to address the healthcare needs of vulnerable populations, including rural communities, low-income neighborhoods, and marginalized groups. The program will focus on promoting preventive healthcare

practices, early disease detection, mental health screening and health education to empower individuals and communities to take control of their health.

Project Key Components:

1. **Health Screenings:** Conduct regular health screenings for common health conditions such as hypertension, diabetes, HIV/AIDS, mental health, and malnutrition, resulting in early detection and treatment interventions.
2. **Immunization Campaigns:** Organize vaccination drives to increase immunization coverage and protect communities against vaccine-preventable diseases, that target children, pregnant women, and high-risk individuals.
3. **Health Education Workshops:** Facilitate interactive workshops and seminars on various health topics, including nutrition, hygiene, family planning, reproductive health, and disease prevention strategies.
4. **Community Engagement:** Foster community involvement and participation through local partnerships, community health volunteers, and grassroots organizations to ensure cultural relevance, sensitivity, and sustainability.
5. **Outreach Events:** Organize health fairs, wellness festivals, and community events to increase awareness, promote healthy behaviors, and encourage utilization of healthcare services.
6. **Mental Health:** Organize screening, education and treatment of common mental health diseases like depression, PTSD, anxiety, addiction and grief disorder

7. **Referral Networks:** Establish referral networks and partnerships with healthcare facilities, clinics, and specialists to facilitate access to advanced care and specialized services for individuals requiring further evaluation and treatment.

Project Impacts:

1. **Improved Health Outcomes:** By providing access to preventive healthcare services and early interventions, the program has the potential to decrease the incidence of communicable and non-communicable diseases, lowering morbidity and mortality rates.
2. **Health Empowerment:** Empowering individuals with knowledge and resources to make informed decisions about their health and well-being, leading to healthier lifestyles and improved self-care practices.
3. **Community Resilience:** Strengthening community resilience and healthcare systems by building local capacity, fostering social support networks, and promoting community ownership of health initiatives.
4. **Health Equity:** Addressing disparities in healthcare access and outcomes by reaching underserved populations and marginalized communities with tailored interventions and culturally sensitive approaches.
5. **Public Health Surveillance:** Data collected from the project would contribute to enhanced epidemiological surveillance, supporting public health authorities in monitoring disease trends, and implementing targeted interventions.

Project Funding Needs: The successful implementation of the community health outreach program requires funding support for various activities, including personnel stipends, mobile clinic operation

costs, medical supplies and equipment, community engagement initiatives, health education materials, monitoring, and evaluation efforts.

Funding Sources:

1. **Government Grants:** Seek funding from governmental agencies at the national, regional, or local levels that support public health initiatives and community development programs.
2. **Nonprofit Foundations:** Apply for grants from philanthropic organizations and charitable foundations dedicated to promoting healthcare access, community development, and social justice.
3. **Corporate Sponsorship:** Partner with corporate sponsors, healthcare companies, and private sector entities interested in corporate social responsibility (CSR) initiatives or public health investments.
4. **Individual Donations:** Solicit donations from individual donors, community members, and supporters through crowdfunding campaigns, fundraising events, and donation drives.

Major Funders:

- ❖ American Solidarity Care (501(C)(3))
- ❖ Hope And Beyond Mental Health (501(C)(3))

Other Partners:

- ❖ Enokpa Geriatric Association
- ❖ Life and Limb Restoration
- ❖ Solidarity Medical Care
- ❖ Gap Bridgers
- ❖ Patriots Of Blessing Humanitarian Foundation

Estimated Project Budget for 2025.

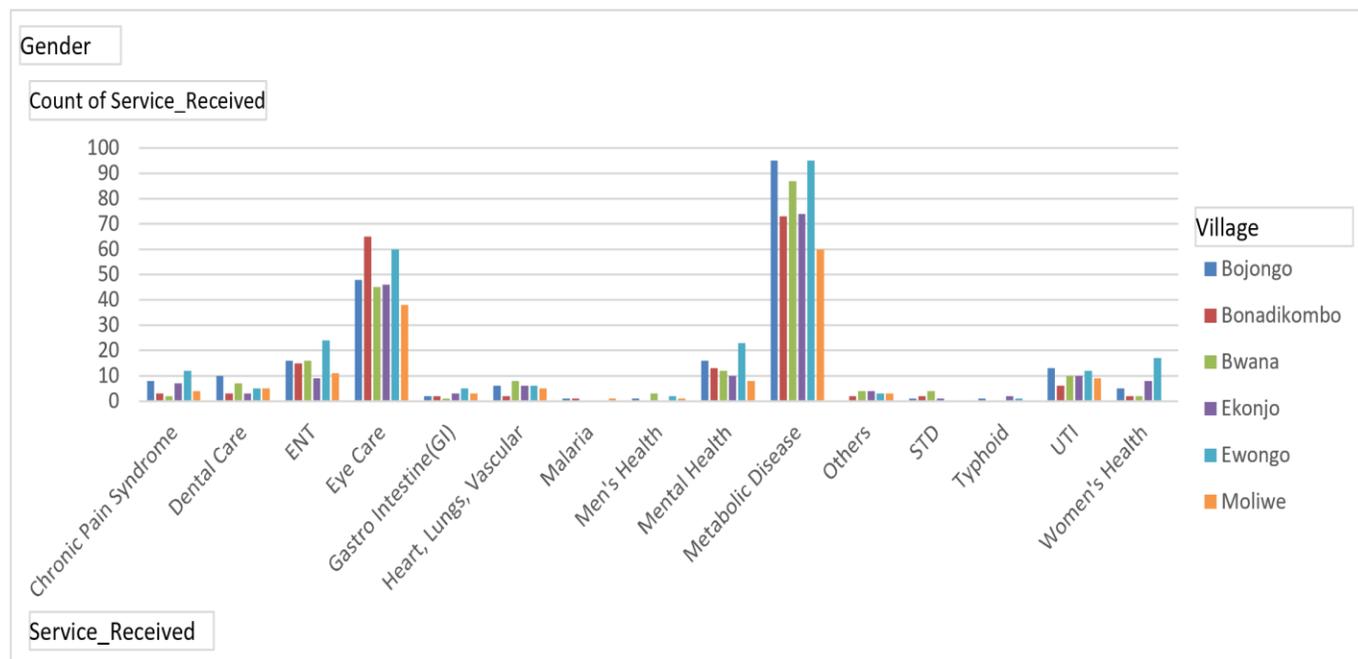
Program Activities	Estimated Cost
Funds for Actual Program (Screening supplies/equipment's/Education/Treatment)	7,000.000frs
Accounting /Bookkeeping	500,000frs
Publicity	1500.000frs
Fundraising Expenses	500,000frs
Accommodation / Logistics	2,500.000frs
Employee motivation (Facilitators and medical providers)	2,500.000frs
Communication	250.000frs
Travelling/Lodging (USA Based healthcare professionals)	3,000.000frs
Miscellaneous	500,000frs
Other- (Will explain if any)	1,750.000frs
Total	20.000.000frs

Project Data

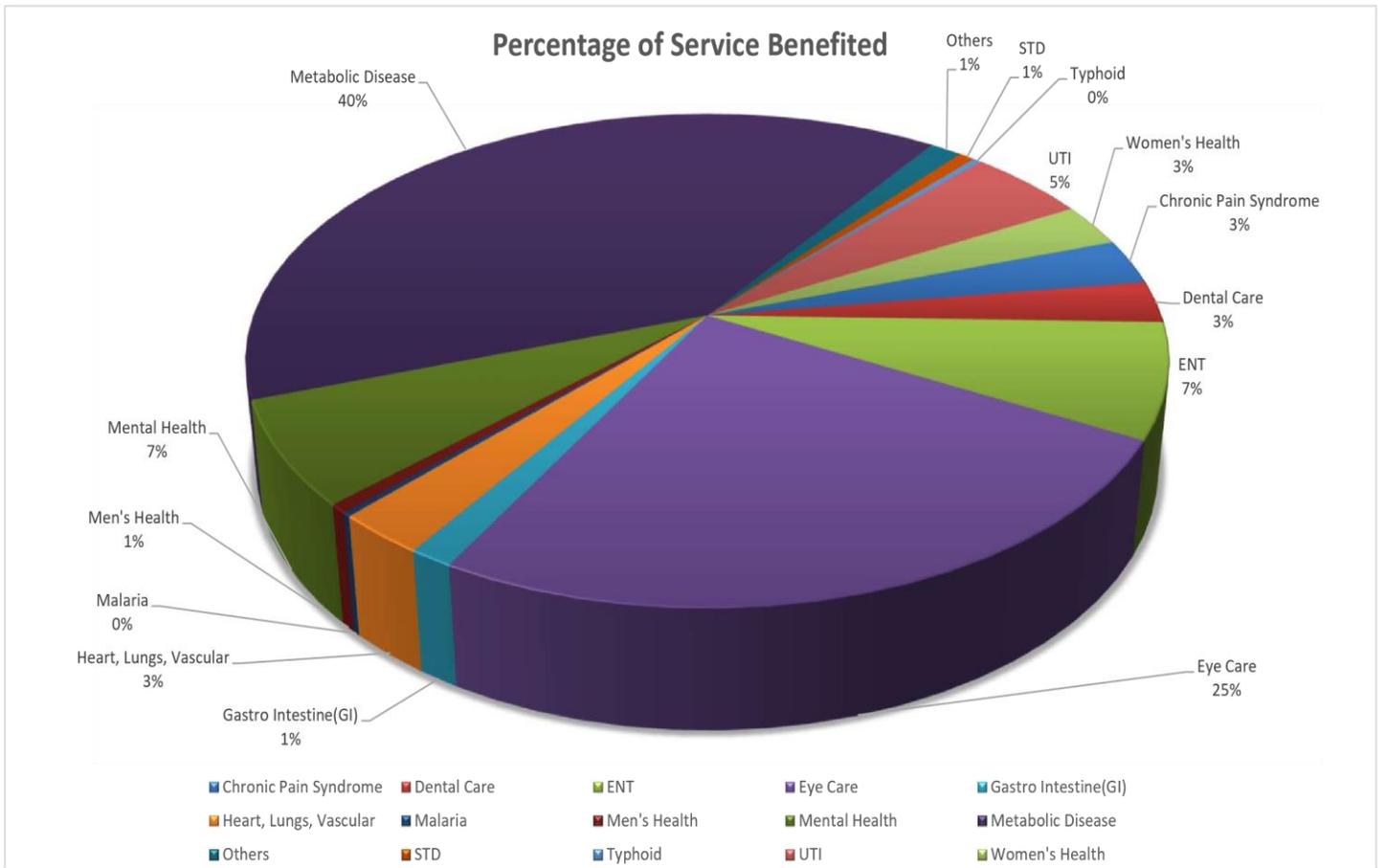
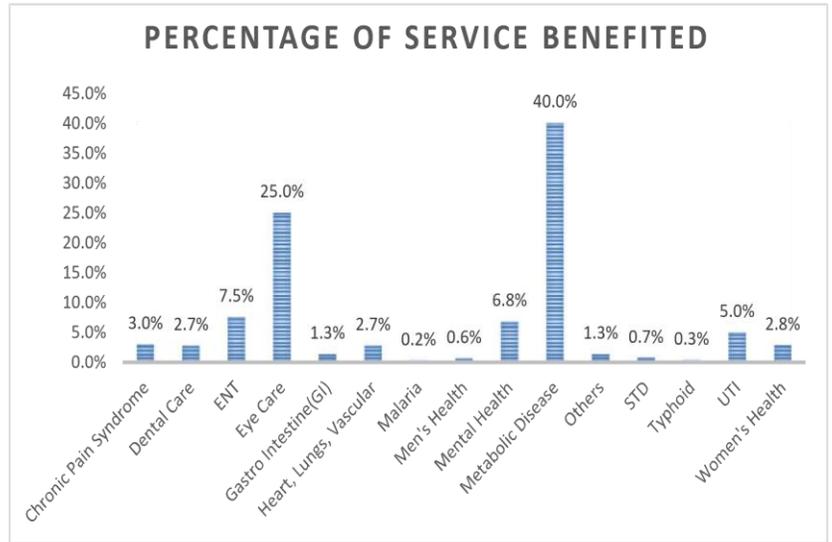
Service	Percentage	Descriptions
Chronic Pain Syndrome	3.0%	
Dental Care	2.7%	
ENT	7.5%	
Eye Care	25.0%	
Gastrointestinal (GI)	1.3%	
Heart, Lungs, Vascular	2.7%	
Malaria	0.2%	
Men's Health	0.6%	
Mental Health	6.8%	
Metabolic Disease	40.0%	Diabetes, HTN, Cholesterol
Others	1.3%	
STD	0.7%	
Typhoid	0.3%	
UTI	5.0%	
Women's Health	2.8%	Cervical cancer

Disease differentials by Villages

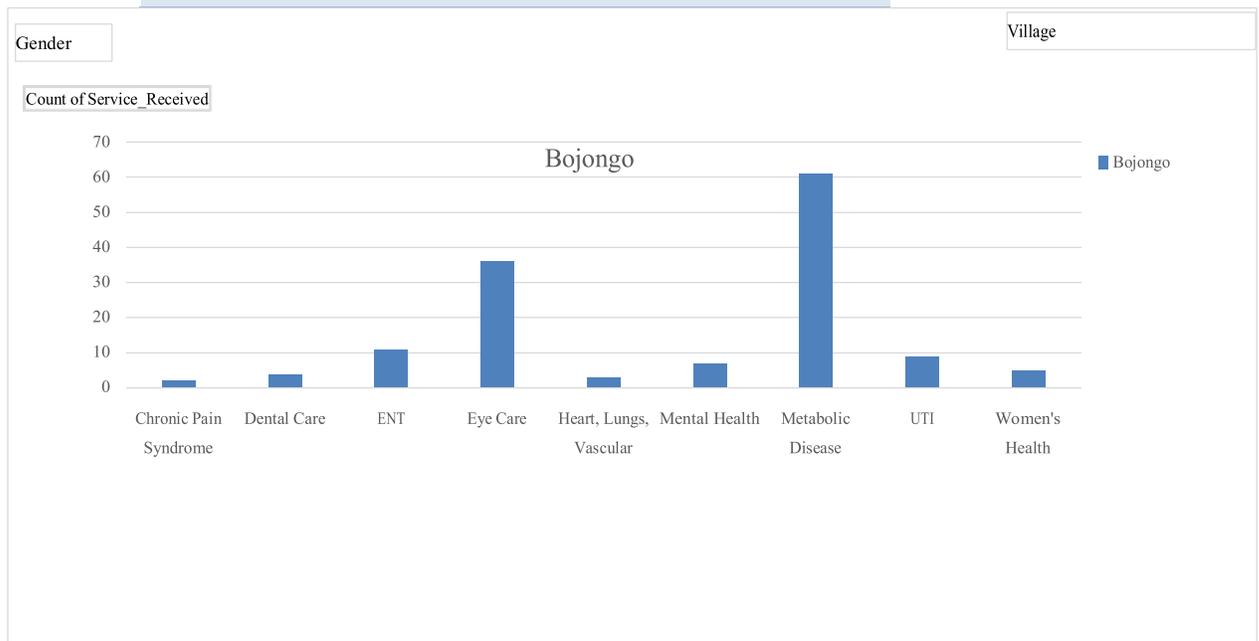
Count of Service Received								
	Bojongo	Bonadikombo	Bwana	Ekonjo	Ewongo	Moliwe	Grand Total	Percentage
Chronic Pain Syndrome	8	3	2	7	12	4	36	3.0%
Dental Care	10	3	7	3	5	5	33	2.7%
ENT	16	15	16	9	24	11	91	7.5%
Eye Care	48	65	45	46	60	38	302	25.0%
Gastro Intestine(GI)	2	2	1	3	5	3	16	1.3%
Heart, Lungs, Vascular	6	2	8	6	6	5	33	2.7%
Malaria	1	1				1	3	0.2%
Men's Health	1		3		2	1	7	0.6%
Mental Health	16	13	12	10	23	8	82	6.8%
Metabolic Disease	95	73	87	74	95	60	484	40.0%
Others		2	4	4	3	3	16	1.3%
STD	1	2	4	1			8	0.7%
Typhoid	1			2	1		4	0.3%
UTI	13	6	10	10	12	9	60	5.0%
Women's Health	5	2	2	8	17		34	2.8%
Grand Total	223	189	201	183	265	148	1209	100%



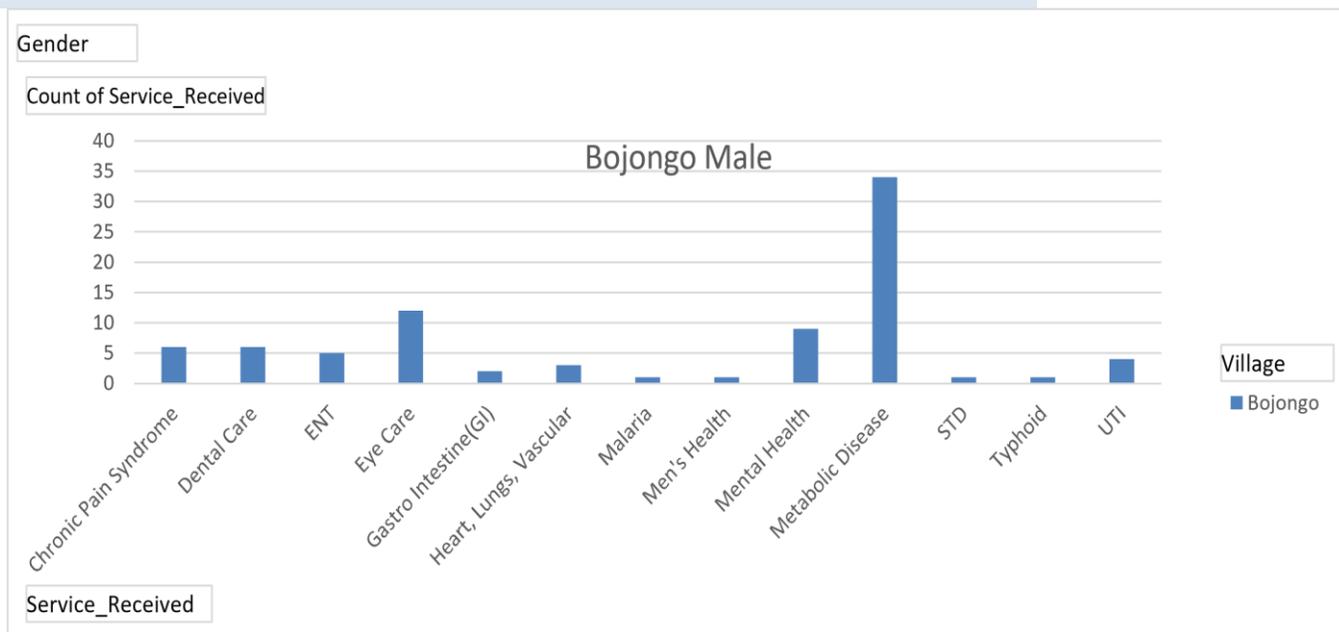
Chronic Pain Syndrome	3.0%
Dental Care	2.7%
ENT	7.5%
Eye Care	25.0%
Gastro Intestine(GI)	1.3%
Heart, Lungs, Vascular	2.7%
Malaria	0.2%
Men's Health	0.6%
Mental Health	6.8%
Metabolic Disease	40.0%
Others	1.3%
STD	0.7%
Typhoid	0.3%
UTI	5.0%
Women's Health	2.8%



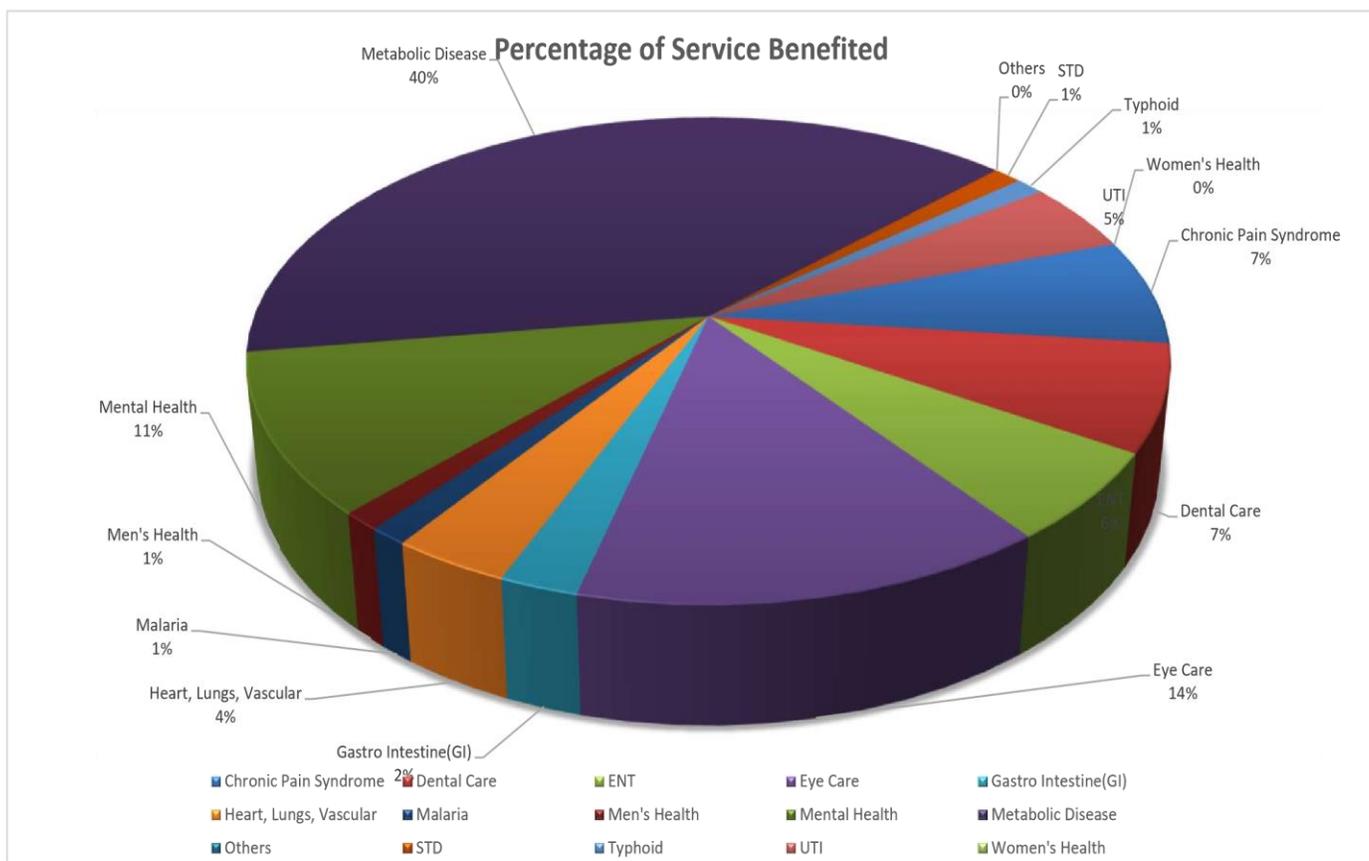
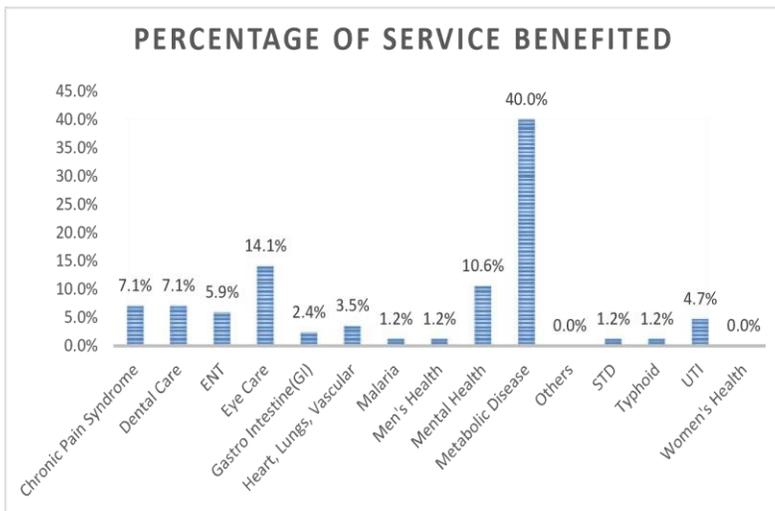
Gender	Female	
Count of Service Received	Bojongo	Grand Total
	Chronic Pain Syndrome	2
Dental Care	4	4
ENT	11	11
Eye Care	36	36
Heart, Lungs, Vascular	3	3
Mental Health	7	7
Metabolic Disease	61	61
UTI	9	9
Women's Health	5	5
Grand Total	138	138



Count of Service Received		
	Bojongo (Male)	Grand Total
Chronic Pain Syndrome	6	6
Dental Care	6	6
ENT	5	5
Eye Care	12	12
Gastro Intestine (GI)	2	2
Heart, Lungs, Vascular	3	3
Malaria	1	1
Men's Health	1	1
Mental Health	9	9
Metabolic Disease	34	34
STD	1	1
Typhoid	1	1
UTI	4	4
Grand Total	85	85

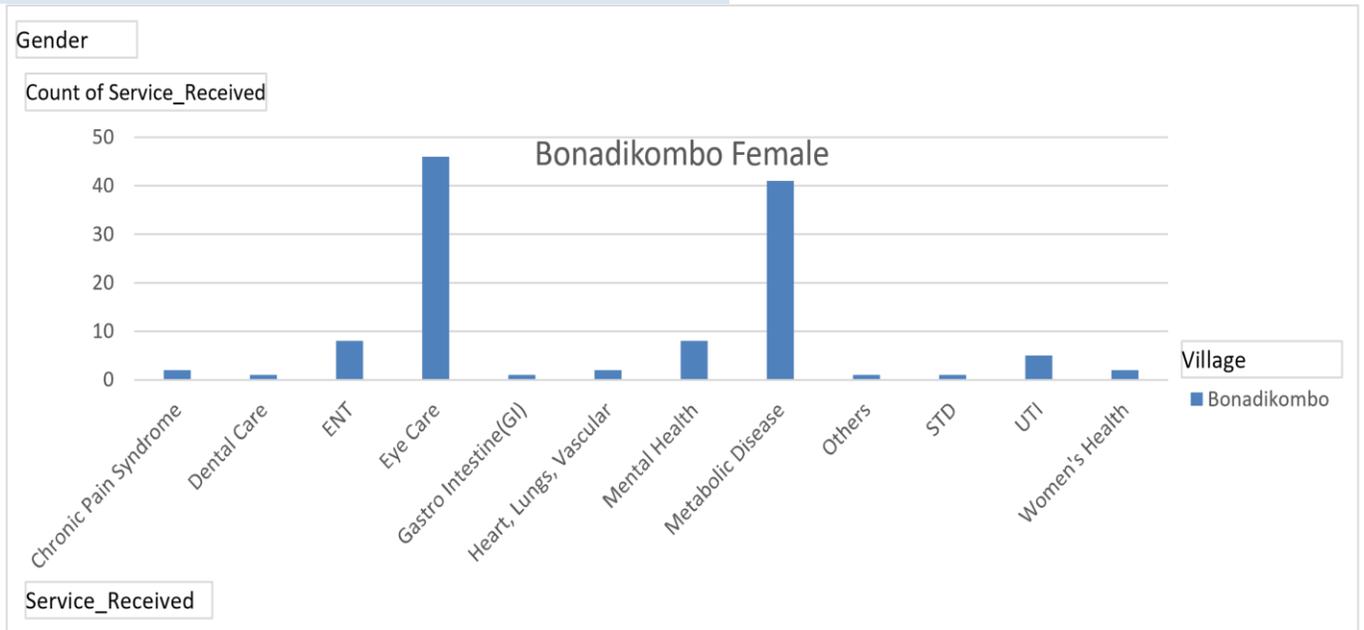


Chronic Pain Syndrome	7.1%
Dental Care	7.1%
ENT	5.9%
Eye Care	14.1%
Gastro Intestine(GI)	2.4%
Heart, Lungs, Vascular	3.5%
Malaria	1.2%
Men's Health	1.2%
Mental Health	10.6%
Metabolic Disease	40.0%
Others	0.0%
STD	1.2%
Typhoid	1.2%
UTI	4.7%
Women's Health	0.0%

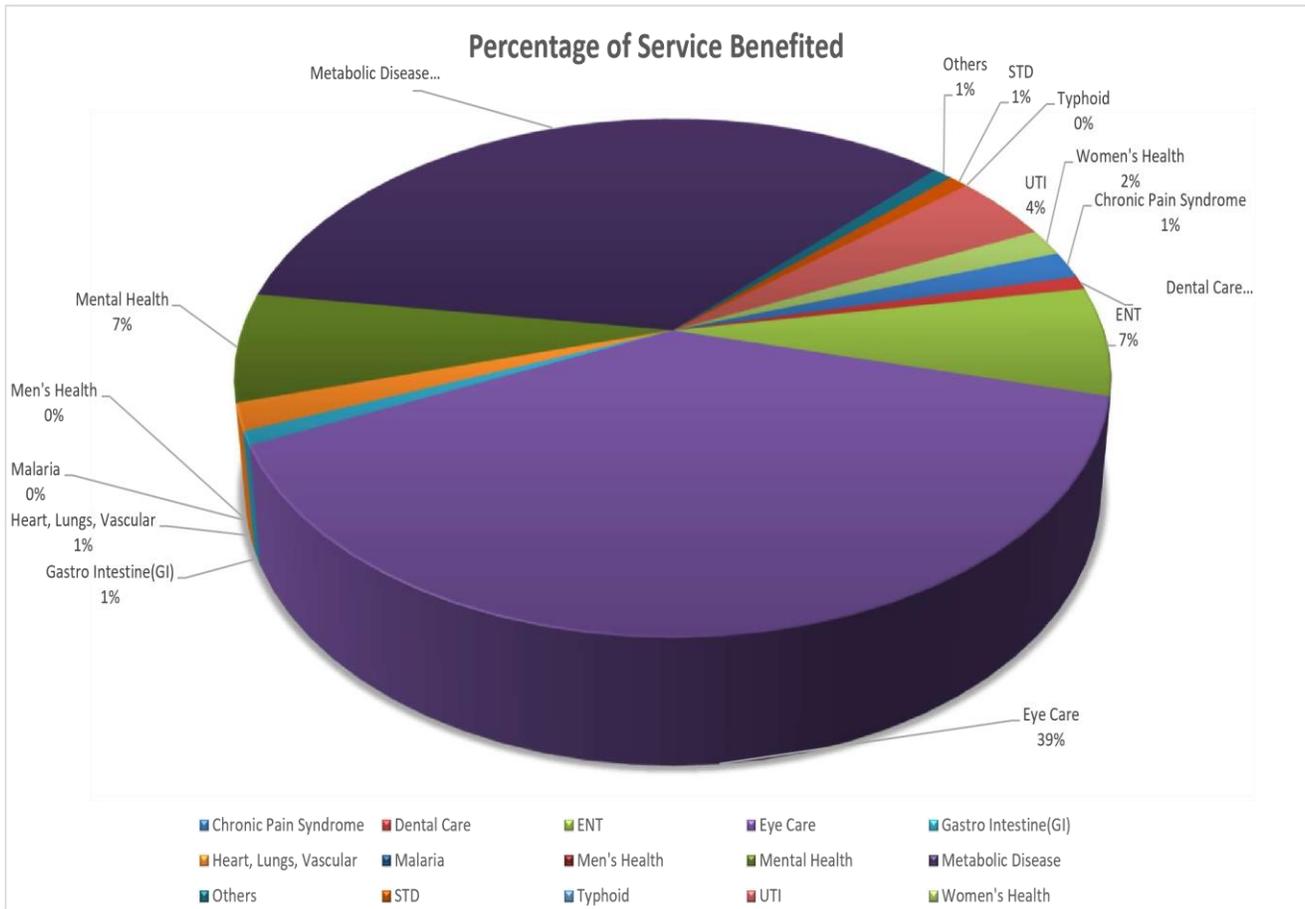
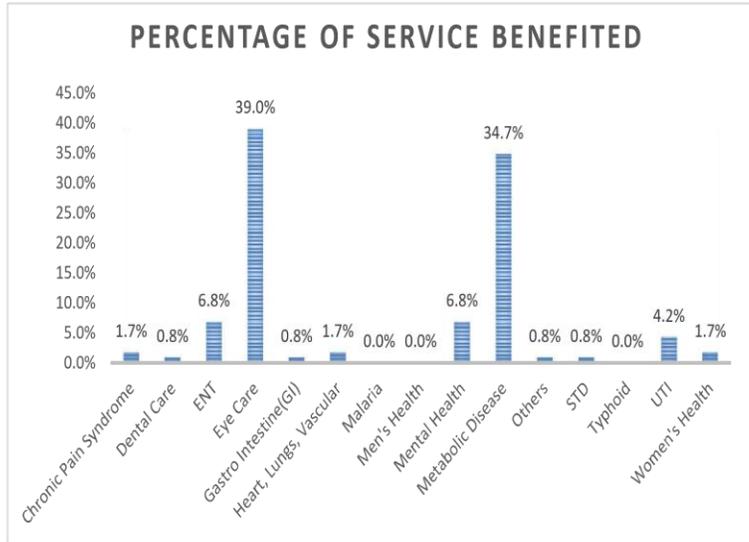


Service	Percentage
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Count of Service Received		
	Bonadikombo (Female)	Grand Total
Chronic Pain Syndrome	2	2
Dental Care	1	1
ENT	8	8
Eye Care	46	46
Gastro Intestine (GI)	1	1
Heart, Lungs, Vascular	2	2
Mental Health	8	8
Metabolic Disease	41	41
Others	1	1
STD	1	1
UTI	5	5
Women's Health	2	2
Grand Total	118	118

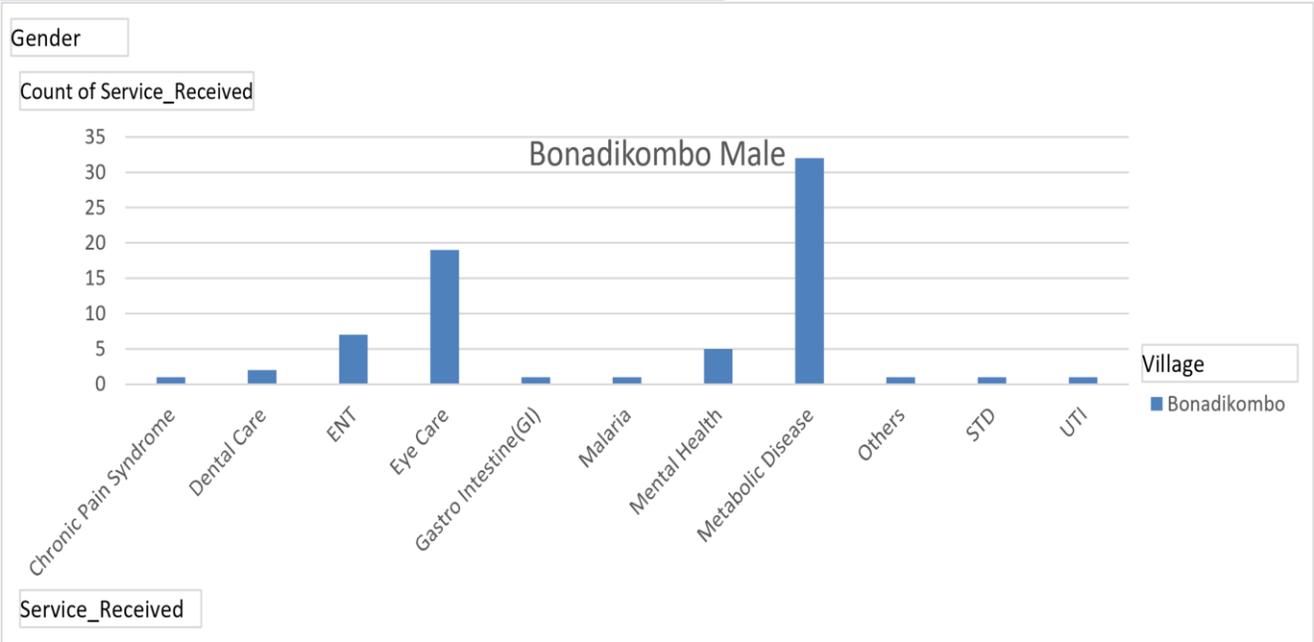


Chronic Pain Syndrome	1.7%
Dental Care	0.8%
ENT	6.8%
Eye Care	39.0%
Gastro Intestine(GI)	0.8%
Heart, Lungs, Vascular	1.7%
Malaria	0.0%
Men's Health	0.0%
Mental Health	6.8%
Metabolic Disease	34.7%
Others	0.8%
STD	0.8%
Typhoid	0.0%
UTI	4.2%
Women's Health	1.7%

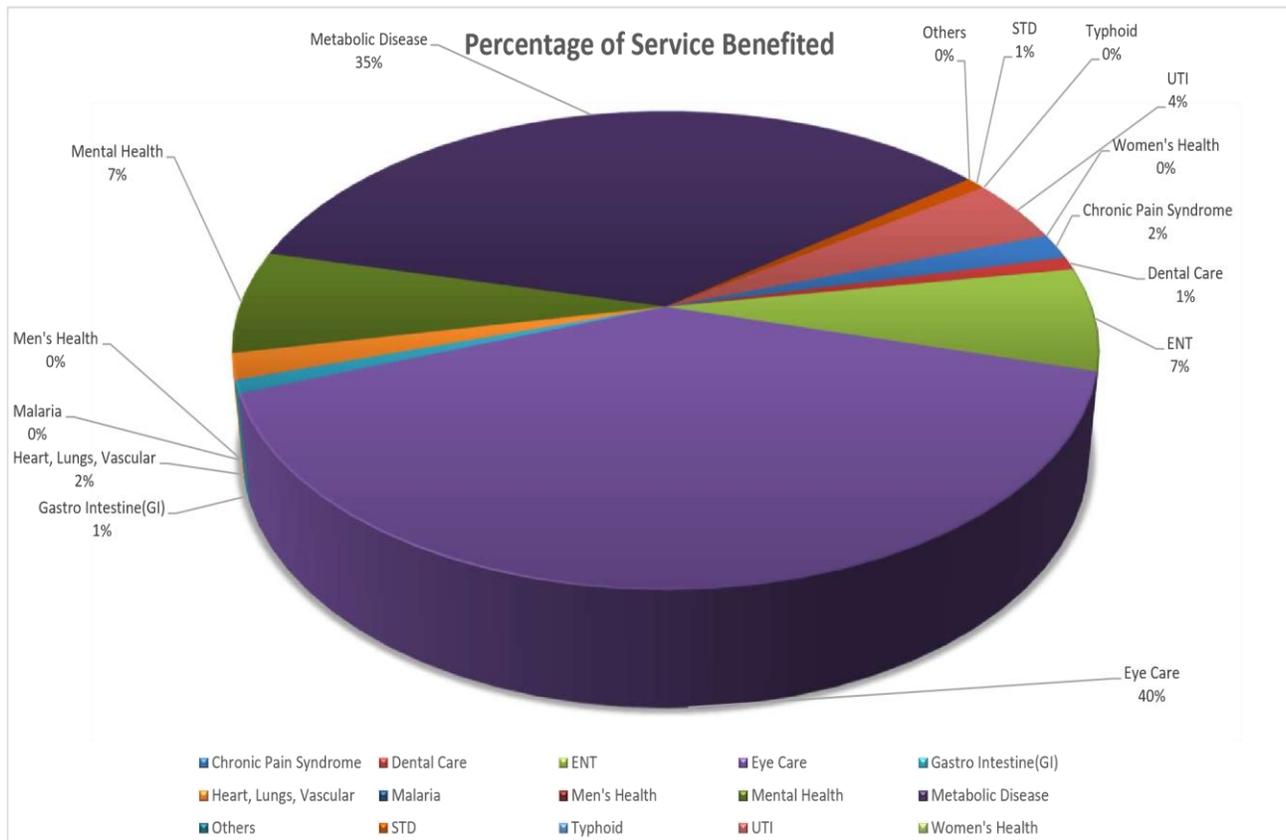
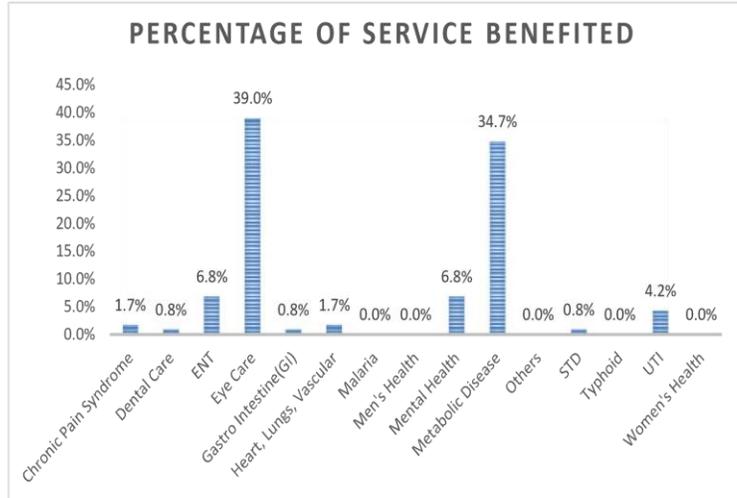


Service	Percentage
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Count of Service Received		
	Bonadikombo (Male)	Grand Total
Chronic Pain Syndrome	1	1
Dental Care	2	2
ENT	7	7
Eye Care	19	19
Gastro Intestine(GI)	1	1
Malaria	1	1
Mental Health	5	5
Metabolic Disease	32	32
Others	1	1
STD	1	1
UTI	1	1
Grand Total	71	71

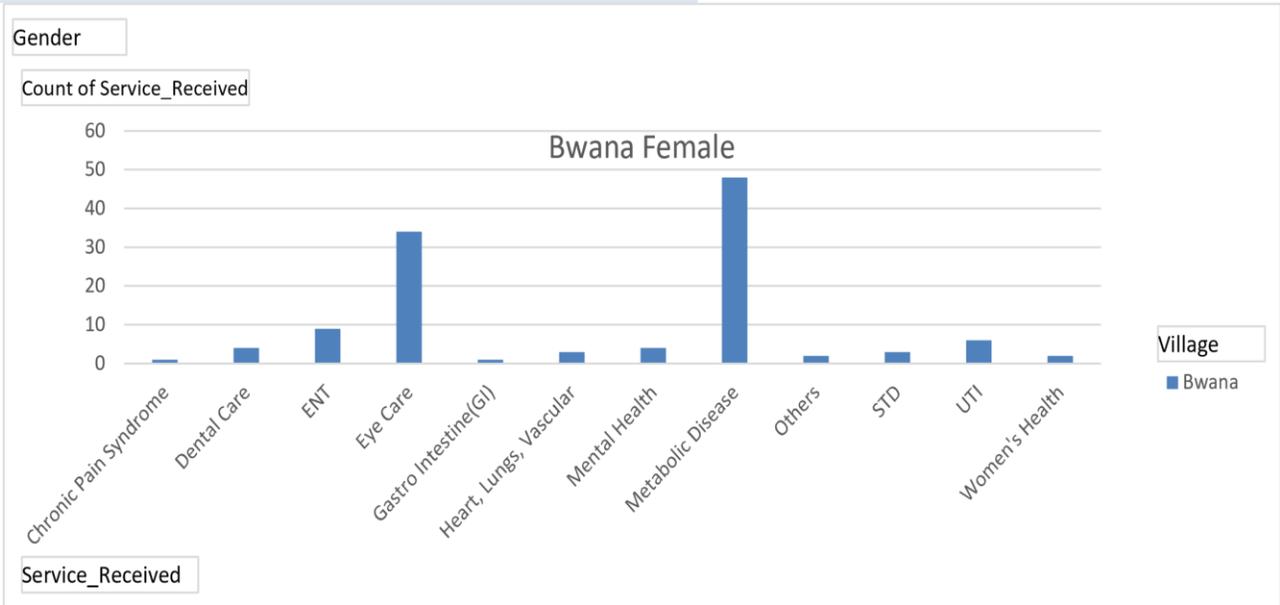


Chronic Pain Syndrome	1.7%
Dental Care	0.8%
ENT	6.8%
Eye Care	39.0%
Gastro Intestine(GI)	0.8%
Heart, Lungs, Vascular	1.7%
Malaria	0.0%
Men's Health	0.0%
Mental Health	6.8%
Metabolic Disease	34.7%
Others	0.0%
STD	0.8%
Typhoid	0.0%
UTI	4.2%
Women's Health	0.0%

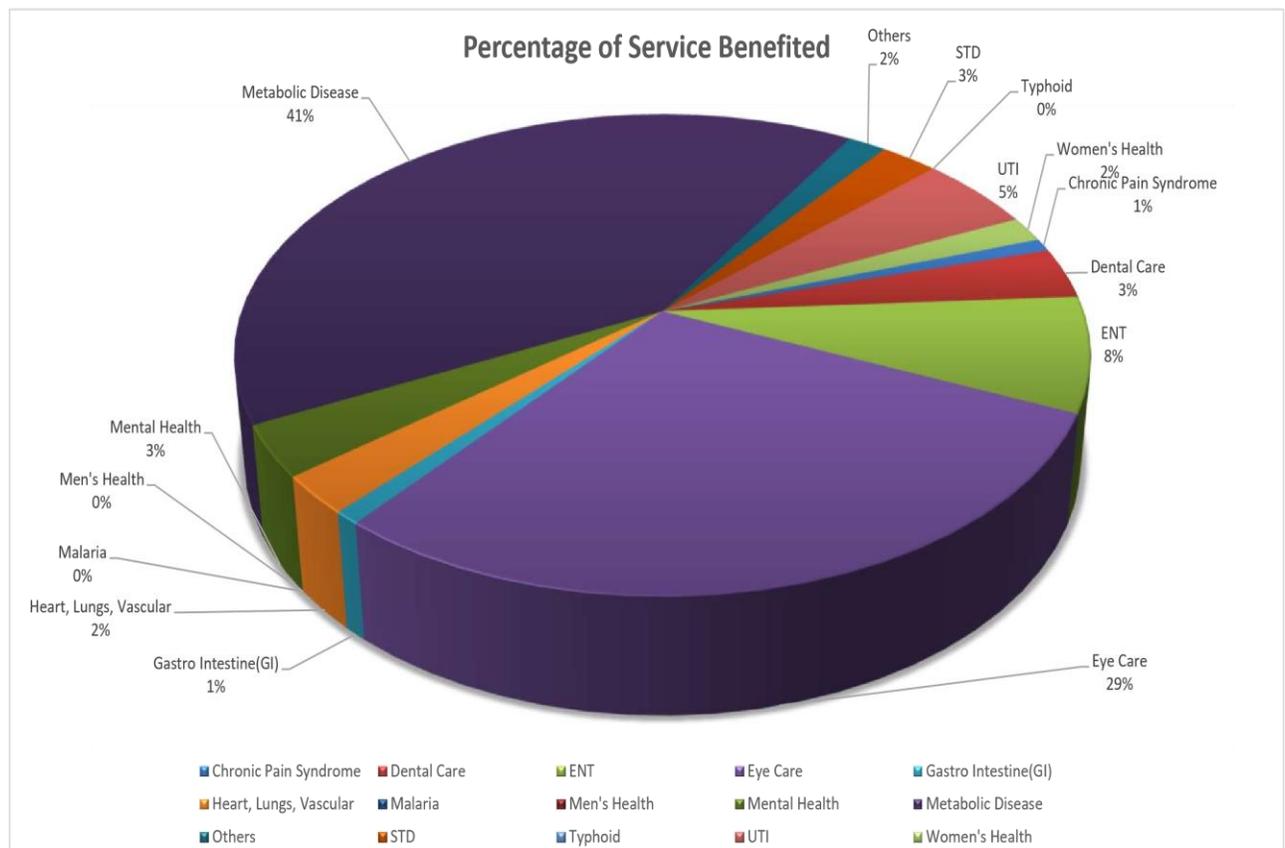
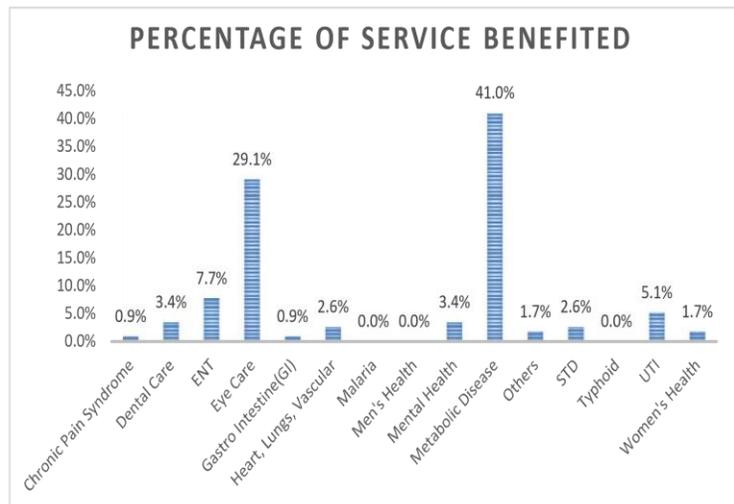


Service	Percentage
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Count of Service Received		
	Bwana (Female)	Grand Total
Chronic Pain Syndrome	1	1
Dental Care	4	4
ENT	9	9
Eye Care	34	34
Gastro Intestine (GI)	1	1
Heart, Lungs, Vascular	3	3
Mental Health	4	4
Metabolic Disease	48	48
Others	2	2
STD	3	3
UTI	6	6
Women's Health	2	2
Grand Total	117	117

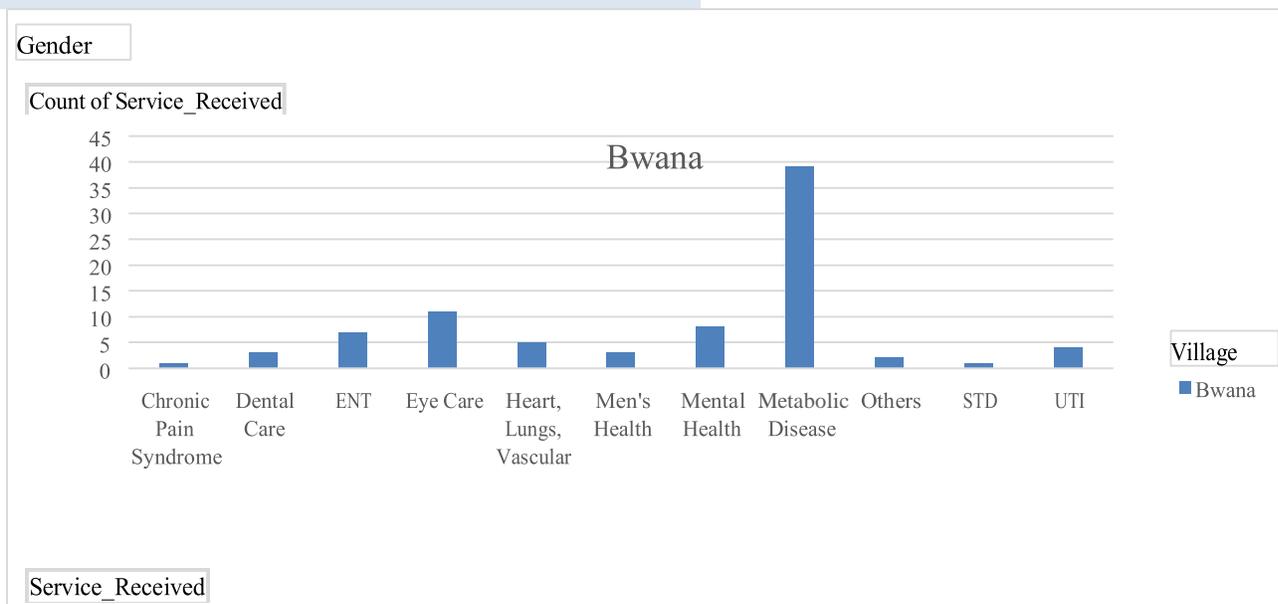


Chronic Pain Syndrome	0.9%
Dental Care	3.4%
ENT	7.7%
Eye Care	29.1%
Gastro Intestine(GI)	0.9%
Heart, Lungs, Vascular	2.6%
Malaria	0.0%
Men's Health	0.0%
Mental Health	3.4%
Metabolic Disease	41.0%
Others	1.7%
STD	2.6%
Typhoid	0.0%
UTI	5.1%
Women's Health	1.7%

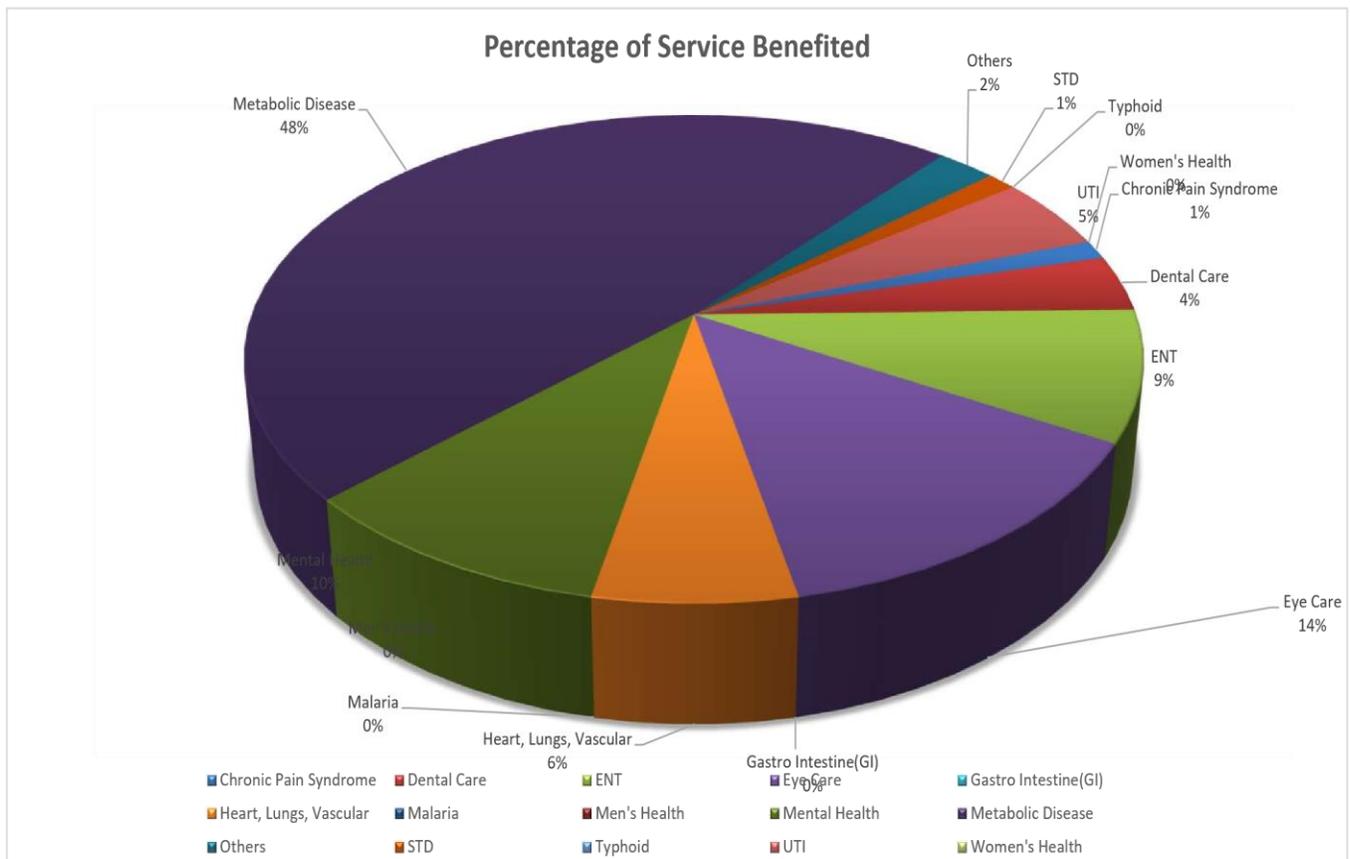
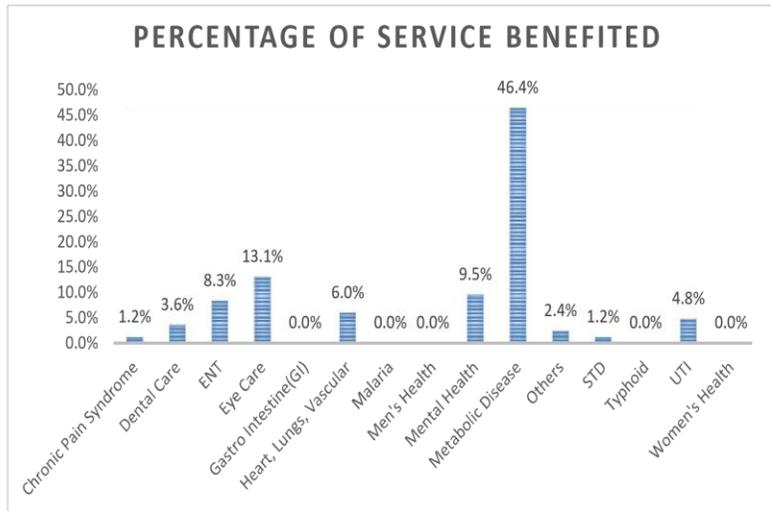


Gender	Male	Service	Percentage
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Count of Service_Received		
	Bwana (Male)	Grand Total
Chronic Pain Syndrome	1	1
Dental Care	3	3
ENT	7	7
Eye Care	11	11
Heart, Lungs, Vascular	5	5
Men's Health	3	3
Mental Health	8	8
Metabolic Disease	39	39
Others	2	2
STD	1	1
UTI	4	4
Grand Total	84	84



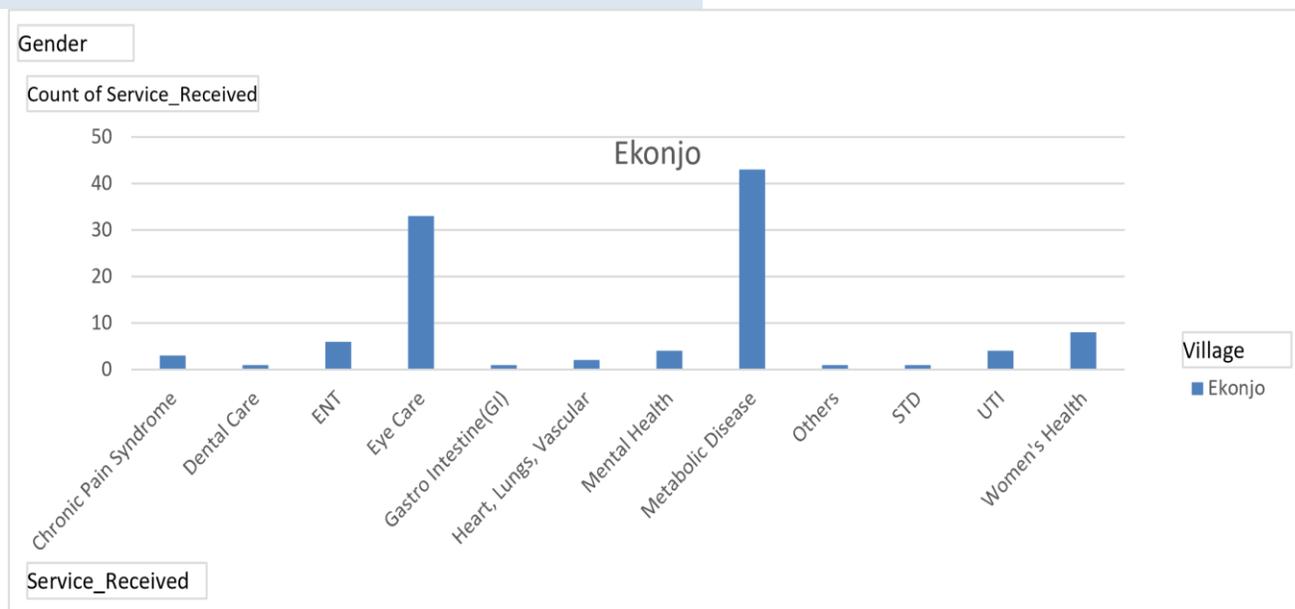
Chronic Pain Syndrome	1.2%
Dental Care	3.6%
ENT	8.3%
Eye Care	13.1%
Gastro Intestine(GI)	0.0%
Heart, Lungs, Vascular	6.0%
Malaria	0.0%
Men's Health	0.0%
Mental Health	9.5%
Metabolic Disease	46.4%
Others	2.4%
STD	1.2%
Typhoid	0.0%
UTI	4.8%
Women's Health	0.0%



Gender	Male	Service	Percentage
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Service	Percentage
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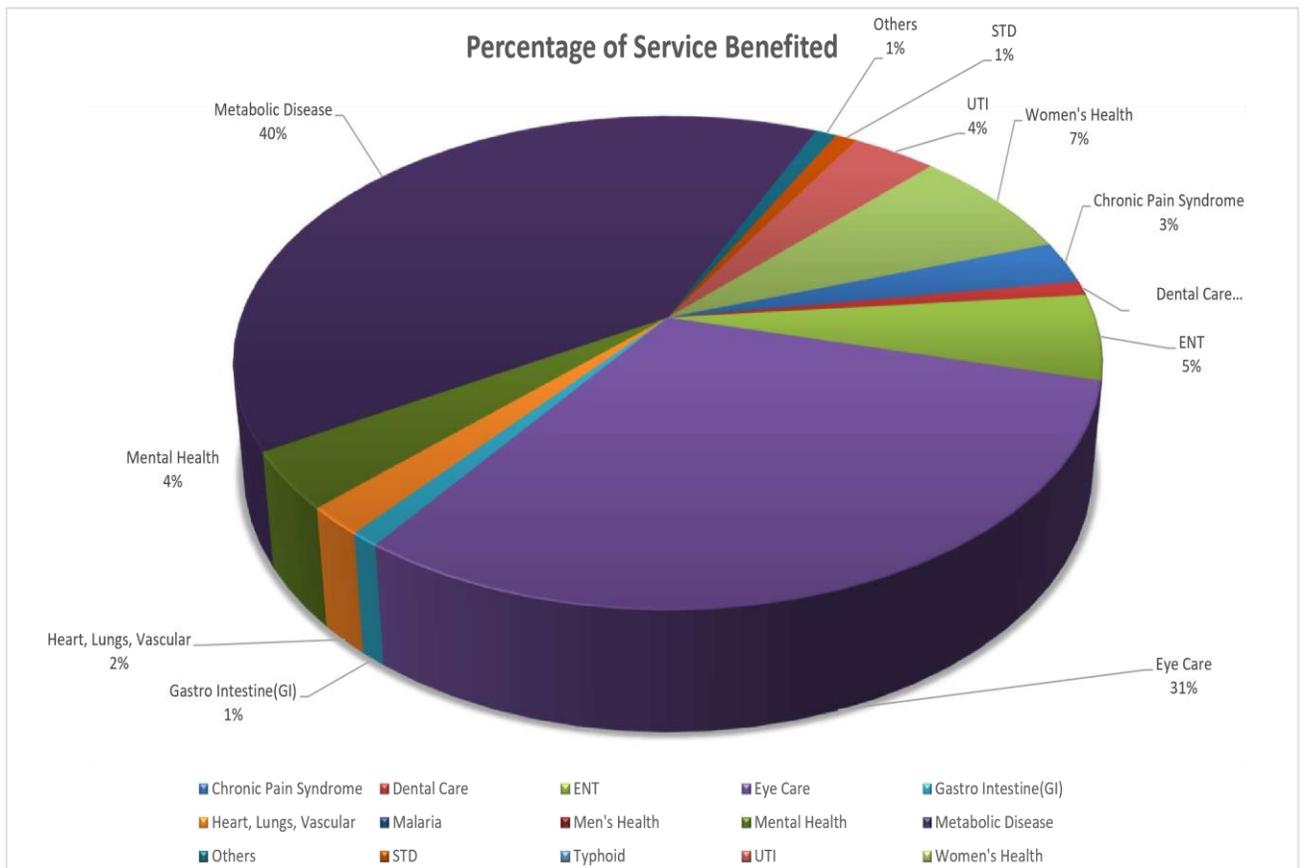
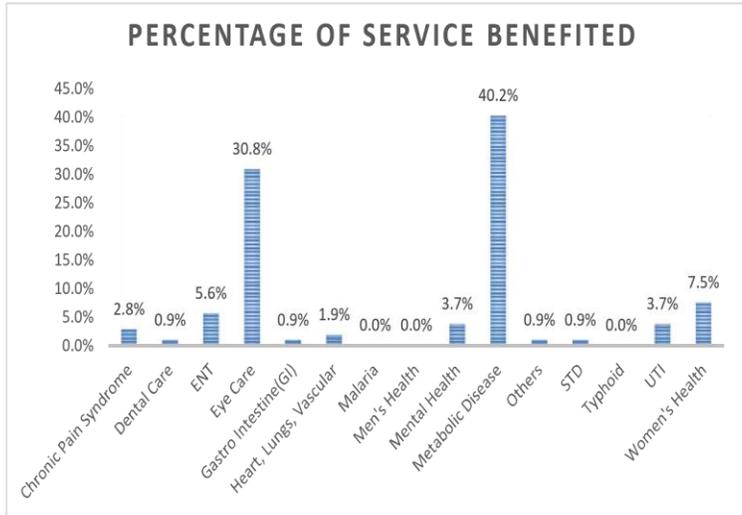
Count of Service_Received		Ekonjo (Female)	Grand Total
Chronic Pain Syndrome		3	3
Dental Care		1	1
ENT		6	6
Eye Care		33	33
Gastro Intestine (GI)		1	1
Heart, Lungs, Vascular		2	2
Mental Health		4	4
Metabolic Disease		43	43
Others		1	1
STD		1	1
UTI		4	4
Women's Health		8	8
Grand Total		107	107



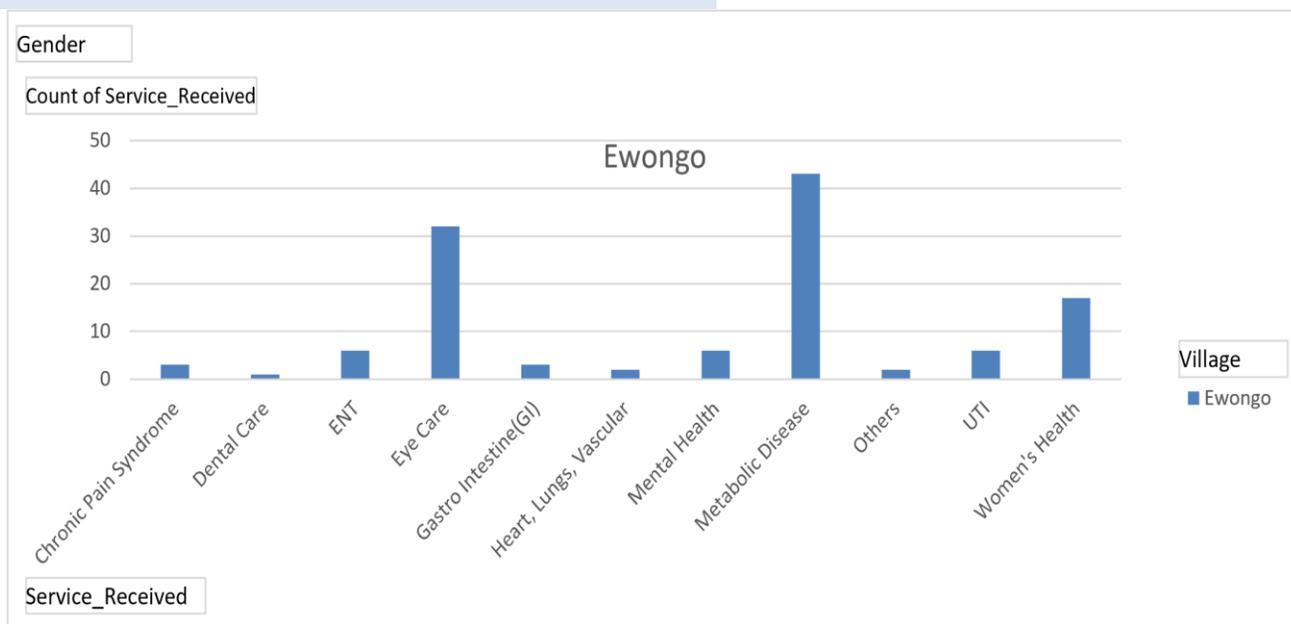
Gender Female

Service Percentage

Chronic Pain Syndrome	2.8%
Dental Care	0.9%
ENT	5.6%
Eye Care	30.8%
Gastro Intestine(GI)	0.9%
Heart, Lungs, Vascular	1.9%
Malaria	0.0%
Men's Health	0.0%
Mental Health	3.7%
Metabolic Disease	40.2%
Others	0.9%
STD	0.9%
Typhoid	0.0%
UTI	3.7%
Women's Health	7.5%

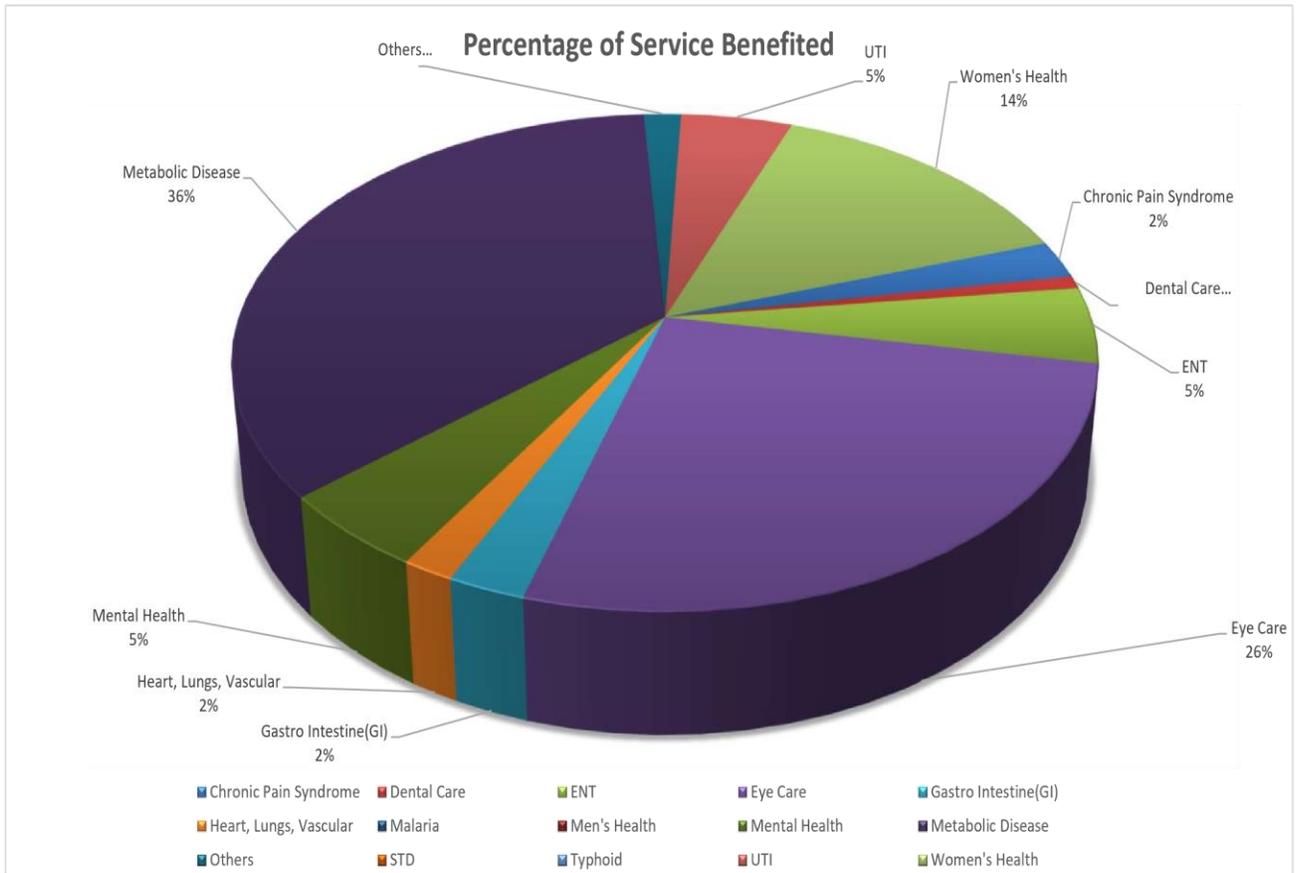
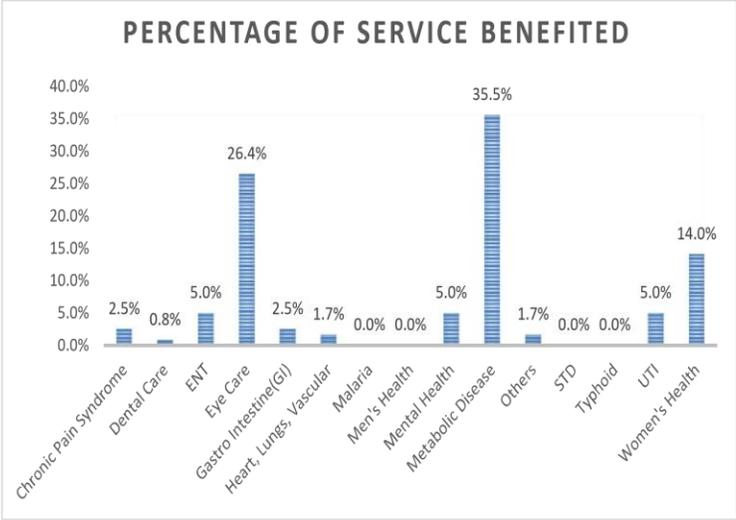


Count of Service Received		
	Ewongo (Female)	Grand Total
Chronic Pain Syndrome	3	3
Dental Care	1	1
ENT	6	6
Eye Care	32	32
Gastro Intestine (GI)	3	3
Heart, Lungs, Vascular	2	2
Mental Health	6	6
Metabolic Disease	43	43
Others	2	2
UTI	6	6
Women's Health	17	17
Grand Total	121	121



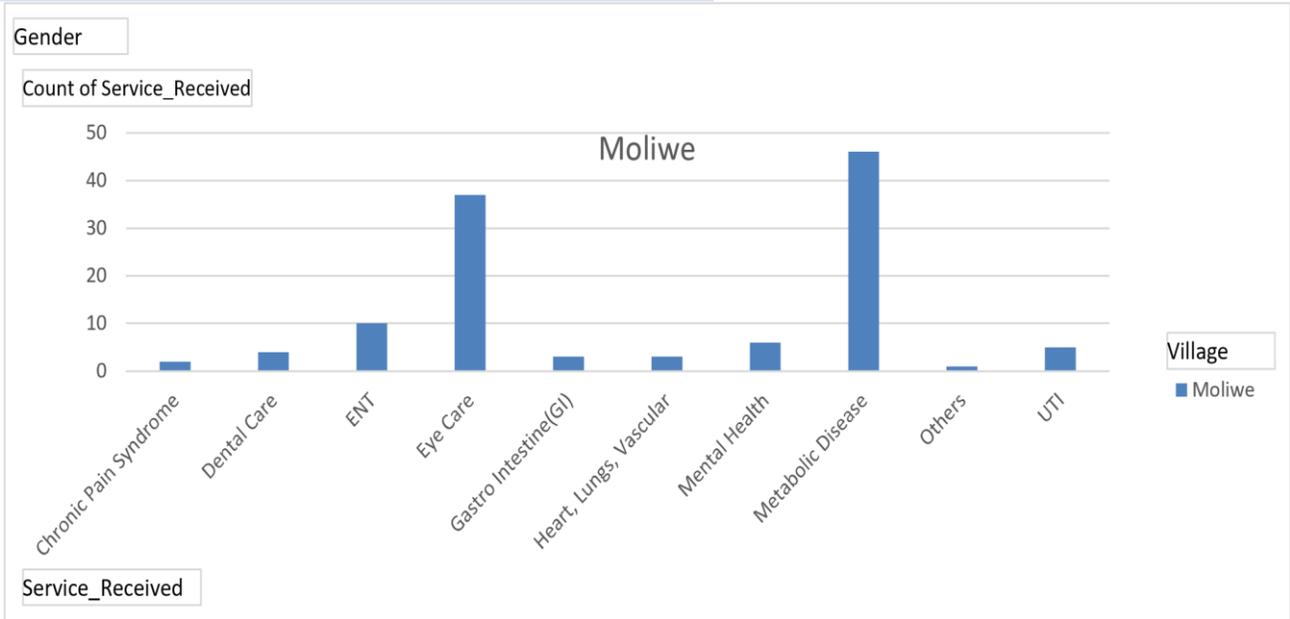
Service	Percentage	Gender	Female
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Chronic Pain Syndrome	2.5%
Dental Care	0.8%
ENT	5.0%
Eye Care	26.4%
Gastro Intestine(GI)	2.5%
Heart, Lungs, Vascular	1.7%
Malaria	0.0%
Men's Health	0.0%
Mental Health	5.0%
Metabolic Disease	35.5%
Others	1.7%
STD	0.0%
Typhoid	0.0%
UTI	5.0%
Women's Health	14.0%

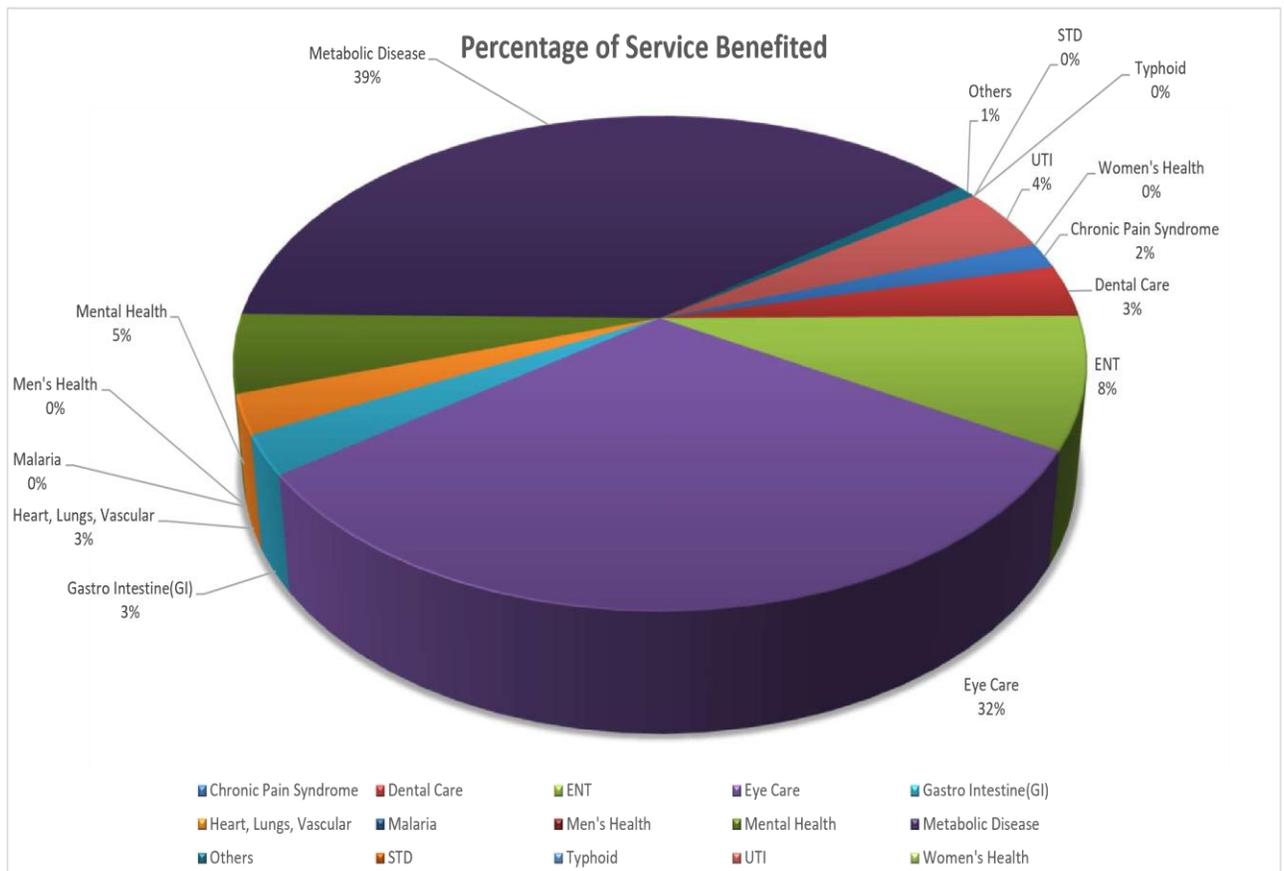
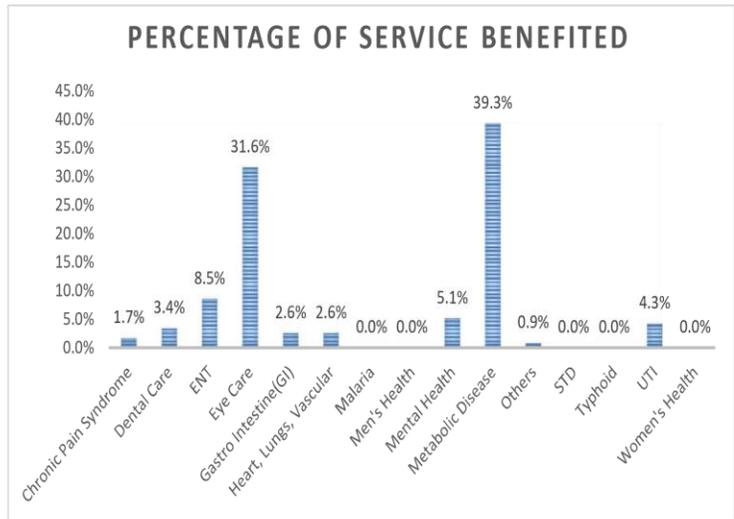


Service	Percentage
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Count of Service Received		Moliwe (Female)	Grand Total
Chronic Pain Syndrome		2	2
Dental Care		4	4
ENT		10	10
Eye Care		37	37
Gastro Intestine (GI)		3	3
Heart, Lungs, Vascular		3	3
Mental Health		6	6
Metabolic Disease		46	46
Others		1	1
UTI		5	5
Grand Total		117	117

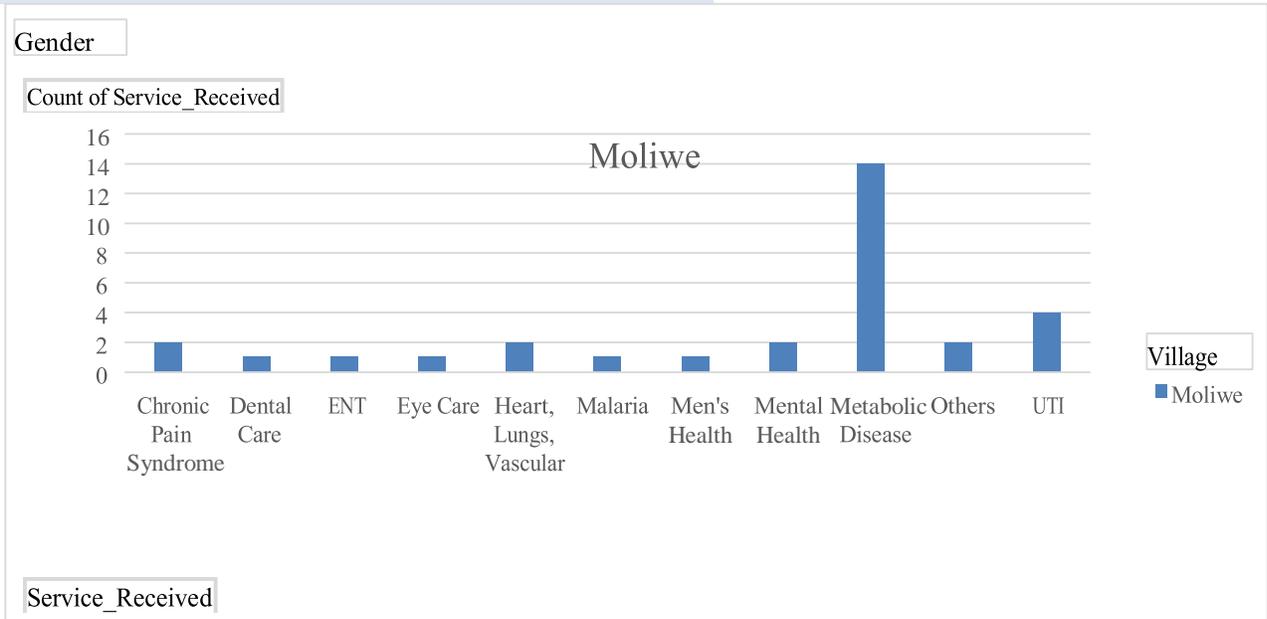


Chronic Pain Syndrome	1.7%
Dental Care	3.4%
ENT	8.5%
Eye Care	31.6%
Gastro Intestine(GI)	2.6%
Heart, Lungs, Vascular	2.6%
Malaria	0.0%
Men's Health	0.0%
Mental Health	5.1%
Metabolic Disease	39.3%
Others	0.9%
STD	0.0%
Typhoid	0.0%
UTI	4.3%
Women's Health	0.0%

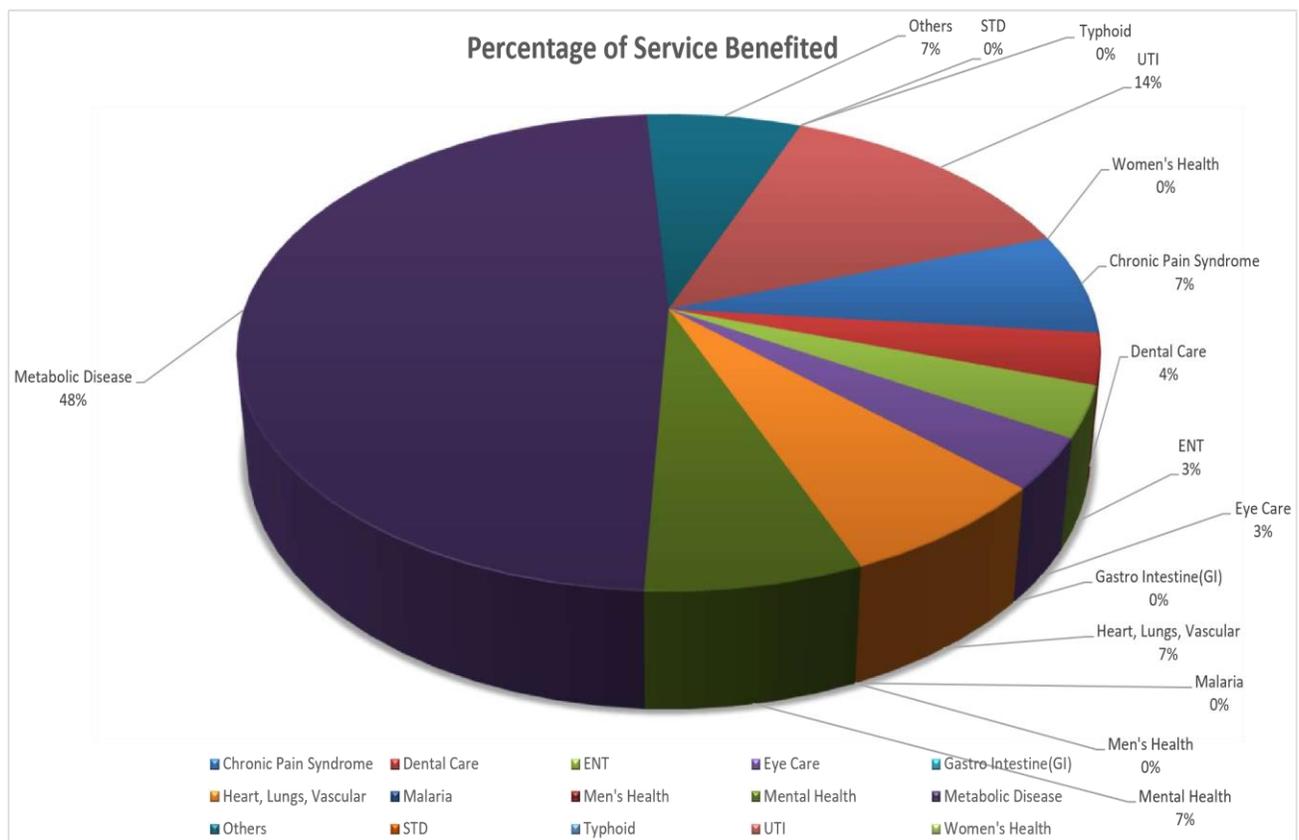
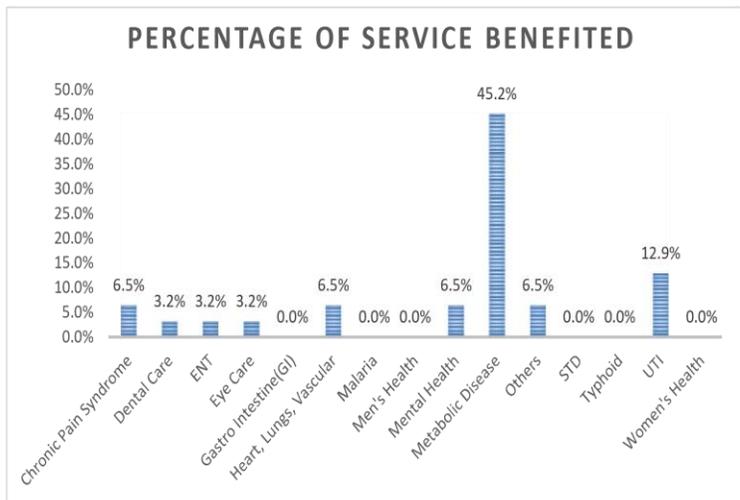


Service	Percentage
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Count of Service_Received		Moliwe (Male)	Grand Total
Chronic Pain Syndrome		2	2
Dental Care		1	1
ENT		1	1
Eye Care		1	1
Heart, Lungs, Vascular		2	2
Malaria		1	1
Men's Health		1	1
Mental Health		2	2
Metabolic Disease		14	14
Others		2	2
UTI		4	4
Grand Total		31	31



Chronic Pain Syndrome	6.5%
Dental Care	3.2%
ENT	3.2%
Eye Care	3.2%
Gastro Intestine(GI)	0.0%
Heart, Lungs, Vascular	6.5%
Malaria	0.0%
Men's Health	0.0%
Mental Health	6.5%
Metabolic Disease	45.2%
Others	6.5%
STD	0.0%
Typhoid	0.0%
UTI	12.9%
Women's Health	0.0%



Conclusion:

The implementation of this community health outreach program represented a proactive approach to addressing healthcare disparities and promoting health equity, health promotion, and disease prevention at Ewongo and its environs. By supporting this project, funders have contributed and participated in building healthier and more resilient communities, empowering individuals to lead healthier lives and fostering sustainable improvements in population health outcomes.